



## **Athletic Heart Screening Waiver**

The purpose of cardiac screenings offered by **Capture The Heart, Inc.**, is to provide quality, simple, limited echocardiogram ultrasound screenings to student athletes for the detection of congenital heart abnormalities, primarily HCM (Hypertrophic Cardiomyopathy).

Congenital heart disease is a condition that a person is born with, and is often hereditary. Examples are, BUT NOT LIMITED TO, cardiomyopathies and valve/structural abnormalities.

While these screenings may not detect all problems, special attention is given to evaluating possible HCM. HCM is an inherited condition that can go undetected because many patients don't have any symptoms. While people of all ages can have HCM, the first symptom for young people is often sudden collapse and cardiac death. Almost half of deaths associated with HCM occur during or immediately after some type of physical activity.

**Echocardiography** (heart ultrasound) is the most common test used for the detection and follow-up of HCM.

In our effort to detect any major heart abnormalities, we are providing a **LIMITED SCREENING ECHO** of the heart, as well as an Electrocardiogram (ECG or EKG) and blood pressure check.

**NOTE:** *Capture The Heart Inc, consists of experienced, registered sonographic technologists who are specialized in cardiac ultrasound. All screenings are reviewed by a State Licensed, Board Certified Cardiologist, with a simple evaluation of the findings. Normal HCM screening exams will be reported as 'Normal'. Any abnormal screening exam will be noted in the Cardiologist's report to see the student's physician, and a CD copy of the screening exam will be available to you for your child's family physician.*

**By signing, I agree to the echo screening exam for my child, and the terms listed above.**

Name of Student (print): \_\_\_\_\_

DOB: \_\_\_\_\_

\_\_\_\_\_  
Date: \_\_\_\_\_

Signature - Parent/Guardian (if pt. is under 18 years old)

School: \_\_\_\_\_

### **Preferred form of Report Delivery:** **(Please allow up to 14 Days for Screening Report)**

Deliver to the School Administration in a Sealed Envelope, or

USPS mail to address: \_\_\_\_\_

Or Email to: \_\_\_\_\_